



# January 2018: High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> 	<p>2</p> <p><u>Teriyaki Chicken</u> <u>Brown Rice/Kidney Beans</u> <u>PB and Jelly Sandwich</u> Mixed Vegetables <u>Fresh Fruit</u> Milk</p>	<p>3</p> <p><u>Macaroni &amp; Cheese</u> <u>Deli Sandwiches</u> Baked Beans <u>Diced Pears</u> Milk</p>	<p>4</p> <p><u>Chicken Nuggets</u> <u>Grilled Cheese</u> Potato Wedges Crunchy carrots <u>Fresh Fruit</u> Milk</p>	<p>5</p> <p><u>Cheeseburger</u> <u>Deli Sandwiches</u> Broccoli <u>Diced Peaches</u> Milk</p>
<p>8</p> <p><u>Pizza Whole Wheat</u> <u>Cheese Sandwich</u> Green Beans <u>Mandarin Oranges</u> Milk</p>	<p>9</p> <p><u>Ground Beef &amp; Macaroni</u> <u>Deli Sandwiches</u> Steamed Corn <u>Diced Pears</u> Milk</p>	<p>10</p> <p><u>Grilled Cheese</u> <u>Deli Sandwiches</u> Baked Beans <u>Diced Pears</u> Milk</p>	<p>11</p> <p><u>Jamaican Beef Patty</u> <u>Deli Sandwiches</u> Steamed Carrots <u>Diced Pears</u> Milk</p>	<p>12</p> <p><u>Cheese Quesadilla</u> <u>Grilled Cheese</u> Broccoli <u>Fruit Ice</u> Milk</p>
<p>15</p>  <p>SCHOOL CLOSED</p>	<p>16</p> <p><u>Teriyaki Chicken</u> <u>Brown Rice/Kidney Beans</u> <u>PB and Jelly Sandwich</u> Mixed Vegetables <u>Fresh Fruit</u> Milk</p>	<p>17</p> <p><u>Chicken Nuggets</u> <u>Grilled Cheese</u> Potato Wedges Crunchy carrots <u>Fresh Fruit</u> Milk</p>	<p>18</p> <p><u>Macaroni &amp; Cheese</u> <u>Deli Sandwiches</u> Baked Beans <u>Diced Pears</u> Milk</p>	<p>19</p> <p><u>Cheeseburger</u> <u>Deli Sandwiches</u> Broccoli <u>Diced Peaches</u> Milk</p>
<p>22</p> <p><u>Pizza Whole Wheat</u> <u>Cheese Sandwich</u> Green Beans <u>Mandarin Oranges</u> Milk</p>	<p>23</p> <p><u>Ground Beef &amp; Macaroni</u> <u>Deli Sandwiches</u> Steamed Corn <u>Diced Pears</u> Milk</p>	<p>24</p> <p><u>Grilled Cheese</u> <u>Deli Sandwiches</u> Baked Beans <u>Diced Pears</u> Milk</p>	<p>25</p> <p><u>Jamaican Beef Patty</u> <u>Deli Sandwiches</u> Steamed Carrots <u>Diced Pears</u> Milk</p>	<p>26</p> <p><u>Cheese Quesadilla</u> <u>Grilled Cheese</u> Broccoli <u>Fruit Ice</u> Milk</p>
<p>29</p> <p><u>Teriyaki Chicken</u> <u>Brown Rice/Kidney Beans</u> <u>PB and Jelly Sandwich</u> Mixed Vegetables <u>Fresh Fruit</u> Milk</p>	<p>30</p> <p><u>Jamaican Beef Patty</u> <u>Deli Sandwiches</u> Steamed Carrots <u>Diced Pears</u> Milk</p>	<p>31</p> <p><u>Macaroni &amp; Cheese</u> <u>Deli Sandwiches</u> Baked Beans <u>Diced Pears</u> Milk</p>		

MENU SUBJECT TO CHANGE

MILK CHOICES: 1% and Fat Free, Fat Free Chocolate