

January 2019: MS & HS After school Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2 Diced Pineapples Milk	3 Cheese Stick Wheat Crackers Applesauce	4 Graham Crackers- cinnamon Milk
7 Goldfish Applesauce Milk	8 Chocolate Chip Cookies Milk	9 Cheese Sandwich 100% Fruit Juice	10 Baked Tostitos Milk	11 Assorted Cold Cereal Milk
14 Animal Crackers Applesauce Milk	15 Banana Muffin Cold Cereal Milk	16 Yogurt Granola Fresh Fruit Milk	17 Sunchips Fruit Ice	18 Baked Tostitos Fruit Ice
21  Martin Luther King Jr. Day SCHOOL CLOSED	22 Cheese Stick Wheat Crackers Fruit Cup	23 Cheese Sandwich 100% Fruit Juice	24 Baked Tostitos Milk	25 Deli Sandwich Milk
28 Animal Crackers Applesauce Milk	29 Apple Muffin Cold Cereal Milk	30 Yogurt Granola Fresh Fruit Milk	31 Sunchips Fruit Ice	

MENU SUBJECT TO CHANGE

Fresh Fruit
Apple Slices, Banana, Clementine

Canned Fruit & Applesauce

MILK CHOICES: 1%, Fat Free ONLY