

January 2019: Pre-K- 8 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 	2 Whole Wheat Bagel Cream Cheese/Jelly Diced Pineapples Fresh Fruit Choice Milk	3 Assorted Cold Cereal Cheese Stick Applesauce Fresh Fruit Choice Milk	4 Mini Maple Pancakes Fresh Strawberries Applesauce Milk
7 Assorted Cold Cereal 100% Fruit Juice Fresh Fruit Choice Milk	8 Mini French Toast Fresh Fruit Choice Diced Pineapples Milk	9 Turkey Sausage/Cheese English Muffin- Whole Wheat 100% Fruit Juice Fresh Fruit Choice Milk	10 Breakfast Muffin Cheese Stick Fresh Strawberries Dole Mandarin Oranges Milk	11 Assorted Yogurt Granola Fresh Mixed Berries Craisins Milk
14 Assorted Cold Cereal 100% Fruit Juice Fresh Fruit Choice Milk	15 Whole Wheat Bagel Cream Cheese/Jelly Diced Pineapples Fresh Fruit Choice Milk	16 Mini Maple Pancakes Fresh Strawberries Applesauce Milk	17 Assorted Yogurt Granola Fresh Mixed Berries Craisins Milk	18 Scrambled Egg/Cheese Whole Wheat Roll 100% Fruit Juice Fresh Fruit Choice Milk
21  Martin Luther King Jr. Day SCHOOL CLOSED	22 Assorted Cold Cereal 100% Fruit Juice Fresh Fruit Choice Milk	23 Turkey Sausage/Cheese English Muffin- Whole Wheat 100% Fruit Juice Fresh Fruit Choice Milk	24 Breakfast Muffin Cheese Stick Fresh Strawberries Dole Mandarin Oranges Milk	25 Assorted Yogurt Granola Fresh Mixed Berries Craisins Milk
28 Assorted Cold Cereal 100% Fruit Juice Fresh Fruit Choice Milk	29 Mini French Toast Fresh Fruit Choice Diced Pineapples Milk	30 Scrambled Egg/Cheese Whole Wheat Roll 100% Fruit Juice Fresh Fruit Choice Milk	31 Assorted Yogurt Granola Fresh Mixed Berries Craisins Milk	

MENU SUBJECT TO CHANGE

Fresh Fruit
 Apple Slices, Banana, Clementine

Canned Fruit & Applesauce

MILK CHOICES: 1%, Fat Free ONLY