

January 2019: Pre-K- 8 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2 Spaghetti and Meat Sauce Steamed Carrots Fruit Ice Milk	3 Macaroni and Cheese Baked Beans Fruit Ice Milk	4 Turkey/Cheese Sandwich Baked French Fries Dole Mandarin Oranges Milk
7 Teriyaki Chicken Brown Rice/Kidney Beans Green beans Diced Peaches Milk	8 Spaghetti and Meatballs Steamed Carrots Fruit-Chef's Choice Milk	9 Macaroni and Cheese Chicken/Beef Baked Beans Fruit-Chef's Choice Milk	10 Grilled Cheese Sandwich Baked French Fries Diced Pineapples Milk	11 Chicken/ Waffles Garden Green Salad Fresh Fruit Milk
14 Spaghetti and Meatballs Baked Beans Diced Pineapples Milk	15 Deli Sandwich Garden Green Salad Fresh Fruit Milk	16 Chicken Quesadilla Steamed Corn Fruit-Chef's Choice Milk	17 Jamaican Beef Patty Steamed Carrots Diced Peaches Milk	18 Pizza- Whole Wheat Mixed Vegetables Applesauce Milk
21  Martin Luther King Jr. Day SCHOOL CLOSED	22 Teriyaki Chicken Brown Rice/Kidney Beans Green beans Diced Peaches Milk	23 Ground Beef and Macaroni Baked Beans Fruit-Chef's Choice Milk	24 Grilled Cheese Sandwich Baked French Fries Diced Pineapples Milk	25 Chicken/ Waffles Garden Green Salad Fresh Carrots Fresh Fruit Milk
28 Spaghetti and Meatballs Baked Beans Diced Pineapples Milk	29 Deli Sandwich Garden Green Salad Fresh Fruit Milk	30 Chicken Quesadilla Steamed Corn Fruit-Chef's Choice Milk	31 Macaroni and Cheese Mixed Vegetables Applesauce Milk	

MENU SUBJECT TO CHANGE

Fresh Fruit
Apple Slices, Banana, Clementine

Canned Fruit & Applesauce

MILK CHOICES: 1%, Fat Free ONLY