

March 2017: K-5 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Egg and Cheese breakfast sandwich <u>Fresh Apple</u> 1% or Skim Milk	2 Cinnamon Toast Crunch <u>Fresh Pear</u> 1% or Skim Milk	3 Buttermilk Biscuit Turkey Sausage <u>100% Orange Juice</u> <u>Fresh Strawberries</u> 1% or Skim Milk
6 Toasted Cheese Sandwich <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	7 Mini Maple Waffles Syrup <u>Fresh Apple</u> 1% or Skim Milk	8 Trix Cereal <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	9 Honey Graham Crackers Vanilla Yogurt <u>Fresh Strawberries</u> <u>Fresh Apple Slices</u> 1% or Skim Milk	10 Whole Wheat Bagel Cream Cheese/Jelly <u>Fresh Cantaloupe</u> <u>100% Apple Juice</u> 1% or Skim Milk
13 Professional Development Day SCHOOL CLOSED	14 Banana Loaf Cheese Stick <u>Fresh Apple</u> 1% or Skim Milk	15 Egg and Cheese breakfast sandwich <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	16 Frosted Flakes- Multigrain <u>Fresh Strawberries</u> <u>Applesauce</u> 1% or Skim Milk	17 Buttermilk Biscuit Turkey Sausage <u>100% Apple Juice</u> <u>Fresh Apple Slices</u> 1% or Skim Milk
20 Toasted Cheese Sandwich <u>100% Orange Juice</u> <u>Diced Peaches</u> 1% or Skim Milk	21 Mini Maple Waffles <u>Fresh Pear</u> 1% or Skim Milk	22 Cinnamon Frosted Flakes <u>Fresh Apple</u> 1% or Skim Milk	23 Honey Graham Crackers Vanilla Yogurt <u>Fresh Apple Slices</u> <u>100% Orange Juice</u> 1% or Skim Milk	24 Whole Wheat Bagel Cream Cheese/Jelly <u>Fresh Cantaloupe</u> <u>Fresh Strawberries</u> 1% or Skim Milk
27 Pillsbury Mini Cinnis <u>Fresh Pear</u> 1% or Skim Milk	28 Blueberry Loaf Cheese Stick <u>Fresh Apple</u> 1% or Skim Milk	29 Egg and Cheese breakfast sandwich <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	30 Trix Cereal <u>Fresh Strawberries</u> <u>Fresh Apple Slices</u> 1% or Skim Milk	31 Buttermilk Biscuit Turkey Sausage <u>100% Apple Juice</u> <u>Fresh Apple Slices</u> 1% or Skim Milk

Offered Daily: Milk (1% low fat, or fat free milk), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal

MENU IS SUBJECT CHANGE

March 2017: K-5 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	2 Cheeseburger <u>Baked Beans</u> <u>Fresh Apple</u> 1%, Skim, or NF Chocolate Milk	3 Pizza- Whole Wheat <u>Green Garden Salad</u> <u>Fresh Strawberries</u> 1%, Skim, or NF Chocolate Milk
6 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple</u> 1%, Skim, or NF Chocolate Milk	7 Turkey and Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Pear</u> 1%, Skim, or NF Chocolate Milk	8 Spaghetti and Meat Sauce <u>Mixed Vegetables</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	9 Macaroni and Cheese <u>Baked Beans</u> <u>Fresh Cantaloupe</u> 1%, Skim, or NF Chocolate Milk	10 Chicken Nuggets <u>French Fries</u> <u>Tropical Fruit Cup</u> 1%, Skim, or NF Chocolate Milk
13 Professional Development Day School Closed	14 Grilled Cheese Sandwich <u>Steamed Carrots</u> <u>Fresh Apple</u> 1%, Skim, or NF Chocolate Milk	15 Sweet and Sour Chicken Brown Rice/Kidney Beans <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	16 Cheeseburger <u>Green Garden Salad</u> <u>Tangerine</u> 1%, Skim, or NF Chocolate Milk	17 Pizza- Whole Wheat <u>Steamed Corn</u> <u>Fresh Strawberries</u> 1%, Skim, or NF Chocolate Milk
20 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple</u> 1%, Skim, or NF Chocolate Milk	21 Turkey and Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u> 1%, Skim, or NF Chocolate Milk	22 Spaghetti and Meat Sauce <u>Cucumber Salad</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	23 Macaroni and Cheese <u>Baked Beans</u> <u>Fresh Strawberries</u> 1%, Skim, or NF Chocolate Milk	24 Chicken Nuggets <u>French Fries</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
27 Chicken Philly Sub <u>Green Garden Salad</u> <u>Fresh Apple</u> 1%, Skim, or NF Chocolate Milk	28 Grilled Cheese Sandwich <u>Steamed Carrots</u> <u>Fresh Pear</u> 1%, Skim, or NF Chocolate Milk	29 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	30 Cheeseburger <u>Baked Beans</u> <u>Tangerine</u> 1%, Skim, or NF Chocolate Milk	31 Pizza- Whole Wheat <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J and Cheese Sandwiches

MENU IS SUBJECT CHANGE

March 2017: K-5 After School Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	2 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	3 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
6 Animal Crackers 1%, Skim, or NF Chocolate Milk	7 Cheese Stick Applesauce 1%, Skim, or NF Chocolate Milk	8 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	9 Sun Chips Fresh Cantaloupe 100 % Fruit Juice- 4oz	10 Educational Snack 1%, Skim, or NF Chocolate Milk
13 Professional Development Dayschool Closed	14 Baked Tostitos Diced Pineapple 100 % Fruit Juice- 4oz	15 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	16 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	17 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
20 Animal Crackers 1%, Skim, or NF Chocolate Milk	21 Cheese Stick Applesauce 1%, Skim, or NF Chocolate Milk	22 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	23 Sun Chips Fresh Cantaloupe 100 % Fruit Juice- 4oz	24 Educational Snack 1%, Skim, or NF Chocolate Milk
27 Educational Snack 1%, Skim, or NF Chocolate Milk	28 Baked Tostitos Diced Pineapple 100 % Fruit Juice- 4oz	29 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	30 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	31 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk

**MENU IS SUBJECT TO CHANGE

March 2017: K-8 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Vanilla Yogurt Granola Bar Fresh Apple 1% or Skim Milk	2 Frosted Flakes- Multigrain Fresh Pear 1% or Skim Milk	3 French Toast Syrup Fresh Banana Fresh Strawberries 1% or Skim Milk
6 Blueberry Loaf Cheese Stick Tangerine Fresh Apple Slices 1% or Skim Milk	7 Vanilla Yogurt Granola Bar Fresh Blueberries 1% or Skim Milk	8 Cinnamon Frosted Flakes Tangerine 100% Orange Juice 1% or Skim Milk	9 Waffles Syrup Fresh Strawberries Fresh Banana 1% or Skim Milk	10 Egg and Cheese breakfast sandwich Fresh Apple 1% or Skim Milk
13 Banana Loaf Cheese Stick Tangerine Fresh Apple Slices 1% or Skim Milk	14 Egg and Cheese breakfast sandwich Applesauce 100% Orange Juice 1% or Skim Milk	15 Vanilla Yogurt Granola Bar Fresh Apple 1% or Skim Milk	16 Frosted Flakes- Multigrain Fresh Pear 1% or Skim Milk	17 French Toast Syrup Fresh Banana Fresh Strawberries 1% or Skim Milk
20 Blueberry Loaf Cheese Stick Tangerine Fresh Apple Slices 1% or Skim Milk	21 Vanilla Yogurt Granola Bar Fresh Blueberries 1% or Skim Milk	22 Cinnamon Frosted Flakes Tangerine 100% Orange Juice 1% or Skim Milk	23 Waffles Fresh Strawberries Fresh Banana 1% or Skim Milk	24 Egg and Cheese breakfast sandwich Fresh Apple 1% or Skim Milk
27 Banana Loaf Cheese Stick Tangerine Fresh Apple Slices 1% or Skim Milk	28 Egg and Cheese breakfast sandwich Applesauce 100% Orange Juice 1% or Skim Milk	29 Vanilla Yogurt Granola Bar Fresh Apple 1% or Skim Milk	30 Frosted Flakes- Multigrain Fresh Pear 1% or Skim Milk	31 French Toast Syrup Fresh Banana Fresh Strawberries 1% or Skim Milk

Offered Daily: Milk (1% low fat, or fat free milk), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal

MENU IS SUBJECT CHANGE

March 2017: K-8 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	2 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	3 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
6 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	7 Chicken Quesadilla <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	8 Spaghetti and Meat Sauce <u>Mixed Vegetables</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	9 Turkey and Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u> 1%, Skim, or NF Chocolate Milk	10 Chicken Nuggets <u>French Fries</u> <u>Tropical Fruit Cup</u> 1%, Skim, or NF Chocolate Milk
13 Chicken Philly Sub <u>Green Garden Salad</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	14 Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	15 Sweet and Sour Chicken Brown Rice/Kidney Beans <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	16 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	17 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
20 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	21 Chicken Quesadilla <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	22 Spaghetti and Meat Sauce <u>Mixed Vegetables</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	23 Turkey and Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u> 1%, Skim, or NF Chocolate Milk	24 Chicken Nuggets <u>French Fries</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
27 Chicken Philly Sub <u>Green Garden Salad</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	28 Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	29 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	30 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	31 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J and Cheese Sandwiches. ©AGC, Inc.

MENU IS SUBJECT CHANGE

March 2017: Pre-K After School Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	2 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	3 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
6 Animal Crackers 1%, Skim, or NF Chocolate Milk	7 Cheese Stick Applesauce 1%, Skim, or NF Chocolate Milk	8 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	9 Sun Chips 100 % Fruit Juice- 6 oz	10 Educational Snack 1%, Skim, or NF Chocolate Milk
13 Educational Snack 1%, Skim, or NF Chocolate Milk	14 Baked Tostitos 100 % Fruit Juice- 6 oz	15 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	16 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	17 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
20 Animal Crackers 1%, Skim, or NF Chocolate Milk	21 Cheese Stick Applesauce 1%, Skim, or NF Chocolate Milk	22 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	23 Sun Chips 100 % Fruit Juice- 6 oz	24 Educational Snack 1%, Skim, or NF Chocolate Milk
27 Educational Snack 1%, Skim, or NF Chocolate Milk	28 Baked Tostitos 100 % Fruit Juice- 6 oz	29 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	30 Cheese Stick Fresh Strawberries 1%, Skim, or NF Chocolate Milk	31 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J and Cheese Sandwiches

MENU IS SUBJECT CHANGE

©AGC, Inc.

March 2017: Central Campus Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Peanut Butter and Jelly Sandwich-½ <u>Fresh Apple</u> 1% or Skim Milk	2 Cinnamon Toast Crunch <u>Fresh Pear</u> 1% or Skim Milk	3 Zucchini Loaf <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk
6 Frosted Flakes- Multigrain <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	7 Peanut Butter and Jelly Sandwich-½ <u>Fresh Apple</u> 1% or Skim Milk	8 Zucchini Loaf <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk	9 Trix Cereal <u>Fresh Apple</u> 1% or Skim Milk	10 Bagel Bar- Apple Cinnamon <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk
13 Professional Development Day SCHOOL CLOSED	14 Frosted Flakes- Multigrain <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	15 Peanut Butter and Jelly Sandwich-½ <u>Fresh Apple</u> 1% or Skim Milk I	16 Cinnamon Toast Crunch <u>Fresh Pear</u> 1% or Skim Milk	17 Zucchini Loaf <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk
20 Frosted Flakes- Multigrain <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	21 Peanut Butter and Jelly Sandwich-½ <u>Fresh Pear</u> 1% or Skim Milk	22 Zucchini Loaf <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk	23 Trix Cereal <u>Fresh Apple</u> 1% or Skim Milk	24 Bagel Bar- Apple Cinnamon <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk
27 Frosted Flakes- Multigrain <u>Tangerine</u> <u>100% Orange Juice</u> 1% or Skim Milk	28 Bagel Bar- Apple Cinnamon <u>Fresh Banana</u> <u>Applesauce</u> 1% or Skim Milk	29 Peanut Butter and Jelly Sandwich-½ <u>Fresh Apple</u> 1% or Skim Milk	30 Cinnamon Toast Crunch <u>Fresh Pear</u> 1% or Skim Milk	31 Zucchini Loaf <u>Fresh Banana</u> <u>100% Orange Juice</u> 1% or Skim Milk

Offered Daily: Milk (1% low fat, or fat free milk), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal

MENU IS SUBJECT CHANGE

March 2017: Central Campus Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	2 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	3 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
6 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	7 Chicken Quesadilla <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	8 Spaghetti and Meat Sauce <u>Mixed Vegetables</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	9 Turkey and Swiss Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u> 1%, Skim, or NF Chocolate Milk	10 Chicken Nuggets <u>French Fries</u> <u>Diced Pears</u> 1%, Skim, or NF Chocolate Milk
13 Professional Development Day School Closed	14 Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	15 Sweet and Sour Chicken Brown Rice/Kidney Beans <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	16 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	17 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk
20 Teriyaki Chicken Brown Rice/Kidney Beans Vegetable Egg Roll <u>Broccoli</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	21 Chicken Quesadilla <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	22 Spaghetti and Meat Sauce <u>Mixed Vegetables</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk	23 Turkey and Swiss Cheese Sandwich <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u> 1%, Skim, or NF Chocolate Milk	24 Chicken Nuggets <u>French Fries</u> <u>Diced Pears</u> 1%, Skim, or NF Chocolate Milk
27 Chicken Quesadilla <u>Green Garden Salad</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	28 Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u> 1%, Skim, or NF Chocolate Milk	29 Sweet and Sour Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u> 1%, Skim, or NF Chocolate Milk	30 Turkey Ham and Cheese Sandwich <u>Carrot Snack</u> <u>Fresh Apple Slices</u> 1%, Skim, or NF Chocolate Milk	31 Cheeseburger <u>Steamed Corn</u> <u>Diced Peaches</u> 1%, Skim, or NF Chocolate Milk

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J and Cheese Sandwiches

MENU IS SUBJECT CHANGE

March 2017: Central Campus After School Snack Menu

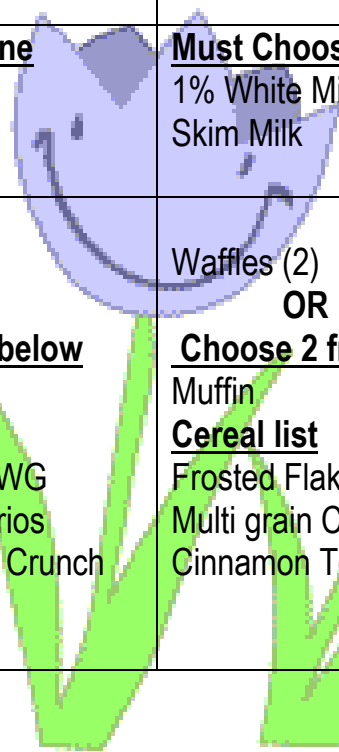
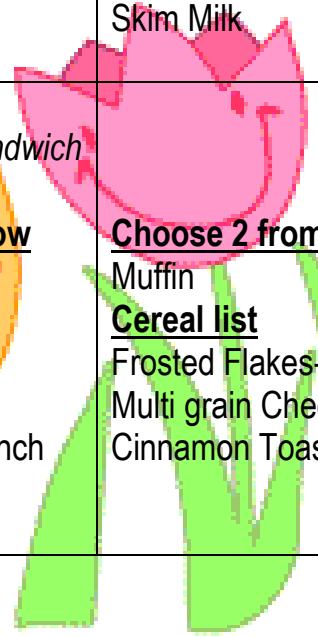
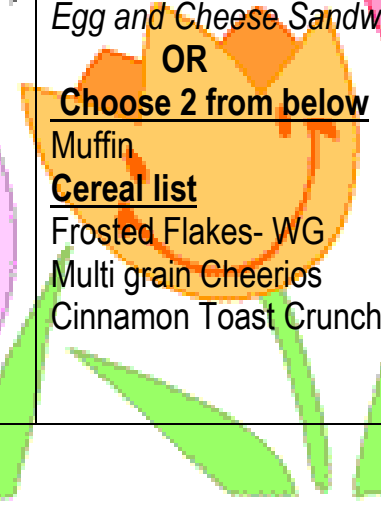
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	2 Educational Snack 1%, Skim, or NF Chocolate Milk	3 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
6 Animal Crackers 1%, Skim, or NF Chocolate Milk	7 Sun Chips 100 % Fruit Juice- 6oz	8 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	9 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk	10 Educational Snack 1%, Skim, or NF Chocolate Milk
13 Professional Development Dayschool Closed	14 Baked Tostitos 100 % Fruit Juice- 6oz	15 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	16 Educational Snack 1%, Skim, or NF Chocolate Milk	17 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk
20 Animal Crackers 1%, Skim, or NF Chocolate Milk	21 Sun Chips 100 % Fruit Juice- 6oz	22 Chocolate Chip Cookies <i>Famous Amos</i> 1%, Skim, or NF Chocolate Milk	23 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk	24 Educational Snack 1%, Skim, or NF Chocolate Milk
27 Sun Chips 100 % Fruit Juice- 6oz	28 Baked Tostitos 100 % Fruit Juice- 6oz	29 Vanilla Bear Grahams 1%, Skim, or NF Chocolate Milk	30 Educational Snack 1%, Skim, or NF Chocolate Milk	31 Skeeter Chocolate Grahams 1%, Skim, or NF Chocolate Milk

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J and Cheese Sandwiches

MENU IS SUBJECT CHANGE

March 2017: 9-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Must Choose Two</u> 100 % Orange Juice Fresh Fruit Cupped Fruit	<u>Must Choose Two</u> Fresh Fruit Cupped Fruit	<u>Must Choose Two</u> 100 % Orange Juice Fresh Fruit Cupped Fruit	<u>Must Choose Two</u> Fresh Fruit Cupped Fruit	<u>Must Choose Two</u> 100 % Orange Juice Fresh Fruit Cupped Fruit
<u>Must Choose One</u> 1% White Milk Skim Milk	<u>Must Choose One</u> 1% White Milk Skim Milk	<u>Must Choose One</u> 1% White Milk Skim Milk	<u>Must Choose One</u> 1% White Milk Skim Milk	<u>Must Choose One</u> 1% White Milk Skim Milk
<u>Choose 2 from below</u> Muffin <u>Cereal list</u> Frosted Flakes- WG Multi grain Cheerios Cinnamon Toast Crunch	<i>Egg and Cheese Sandwich</i> OR <u>Choose 2 from below</u> Muffin <u>Cereal list</u> Frosted Flakes- WG Multi grain Cheerios Cinnamon Toast Crunch	<u>Choose 2 from below</u> Muffin <u>Cereal list</u> Frosted Flakes- WG Multi grain Cheerios Cinnamon Toast Crunch	Waffles (2) OR <u>Choose 2 from below</u> Muffin <u>Cereal list</u> Frosted Flakes- WG Multi grain Cheerios Cinnamon Toast Crunch	<i>French Toast (2)</i> OR <u>Choose 2 from below</u> Muffin <u>Cereal list</u> Frosted Flakes- WG Multi grain Cheerios Cinnamon Toast Crunch



MENU IS SUBJECT TO CHANGE

©AGC, Inc.

March 2017: 9-12 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet and Sour Chicken Teriyaki Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u>	2 Assorted Deli Sandwiches <u>Carrot Snack</u> <u>Fresh Apple Slices</u>	3 Cheeseburger Cheese Sandwich <u>Steamed Corn</u> <u>Diced Peaches</u>
6 Teriyaki Chicken Orange Ginger Chicken Brown Rice/Kidney Beans Vegetable Egg Roll Broccoli <u>Fresh Apple Slices</u>	7 Chicken Quesadilla Cheese Quesadilla <u>Baked Beans</u> <u>Applesauce</u>	8 Spaghetti and Meat Sauce Meatball Hero <u>Mixed Vegetables</u> <u>Diced Peaches</u>	9 Assorted Deli Sandwiches <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u>	10 Chicken Nuggets Mozzarella Sticks <u>French Fries</u> <u>Tropical Fruit Cup</u>
13 Chicken Philly Sub Grilled Chicken Salad <u>Green Garden Salad</u> <u>Fresh Apple Slices</u>	14 BBQ Chicken Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u>	15 Sweet and Sour Chicken Teriyaki Chicken Brown Rice/Kidney Beans <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u>	16 Assorted Deli Sandwiches <u>Carrot Snack</u> <u>Fresh Apple Slices</u>	17 Cheeseburger Cheese Sandwich <u>Steamed Corn</u> <u>Diced Peaches</u>
20 Teriyaki Chicken Orange Ginger Chicken Brown Rice/Kidney Beans Vegetable Egg Roll Broccoli <u>Fresh Apple Slices</u>	21 Chicken Quesadilla Cheese Quesadilla <u>Baked Beans</u> <u>Applesauce</u>	22 Spaghetti and Meat Sauce Meatball Hero <u>Mixed Vegetables</u> <u>Diced Peaches</u>	23 Assorted Deli Sandwiches <u>Carrot Snack/Grape Tomatoes</u> <u>Fresh Tangerine</u>	24 Chicken Nuggets Mozzarella Sticks <u>French Fries</u> <u>Diced Peaches</u>
27 Chicken Philly Sub Grilled Chicken Salad <u>Green Garden Salad</u> <u>Fresh Apple Slices</u>	28 BBQ Chicken Macaroni and Cheese <u>Baked Beans</u> <u>Applesauce</u>	29 Sweet and Sour Chicken Teriyaki Chicken Lo Mein Noodles <u>Stir-fry Vegetables</u> <u>Mandarin Oranges</u>	30 Assorted Deli Sandwiches <u>Carrot Snack</u> <u>Fresh Apple Slices</u>	31 Cheeseburger Cheese Sandwich <u>Steamed Corn</u> <u>Diced Peaches</u>

Offered Daily: Milk (1% low fat, fat free, NF chocolate milk), Seasonal Fresh Fruit, Canned Fruit, PB & J Sandwiches

MENU IS SUBJECT TO CHANGE