







February 2019: High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <u>Spaghetti & Meatballs</u> <u>Deli Sandwich</u> Broccoli <u>Mandarin Oranges</u> Milk
4 <u>Ground Beef & Macaroni</u> <u>Deli Sandwich</u> Steamed Corn <u>Diced Pears</u> Milk	5 Deli Sandwich- Assortment Baked Beans <u>Fruit Ice</u> Milk	6 <u>Spaghetti & Meatballs</u> <u>Deli Sandwich</u> Steamed Carrots <u>Applesauce</u> Milk	7 <u>BBQ Chicken/Brown Rice</u> <u>Deli Sandwich</u> Mixed Vegetables <u>Fresh Fruit</u> Milk	8 <u>Pizza- Whole Wheat</u> <u>Deli Sandwich</u> Broccoli <u>Fruit- Chef's Choice</u> Milk
11 <u>Jamaican Beef Patty</u> <u>Deli Sandwich</u> Green Beans <u>Fruit Ice</u> Milk	12 <u>Chicken Nuggets</u> <u>Deli Sandwich</u> Baked French Fries <u>Diced Pears</u> Milk	13 <u>BBQ Chicken/Brown Rice</u> <u>Deli Sandwich</u> Broccoli <u>Fresh Fruit</u> Milk	14 <u>Spaghetti & Meatballs</u> <u>Deli Sandwich</u> Steamed Carrots <u>Applesauce</u> Milk	15 <u>Grilled Cheese Sandwich</u> <u>Deli Sandwich</u> Baked Beans <u>Fruit -Chef's Choice</u> Milk
18 	19 	20 	21 	22 
				
25 <u>BBQ Chicken/Brown Rice</u> <u>Deli Sandwich</u> Mixed Vegetables <u>Diced Pineapples</u> Milk	26 <u>Macaroni and Cheese</u> <u>Deli Sandwich</u> Steamed Carrots <u>Applesauce</u> Milk	27 <u>Cheeseburger</u> <u>Deli Sandwich</u> Baked Beans <u>Fruit -Chef's Choice</u> Milk		

MILK CHOICES: 1% and Fat Free ONLY

MENU SUBJECT TO CHANGE